



May 28, 2020 Update (#133)

To: Board Members & Residents

From: Charles H. Greenthal Management Corp.

Re: CDC Guidance On When It's Safe to Socialize with Others (if you overcame COVID-19 or fear you may have it)

Charles H. Greenthal Management Corp. remains committed to sharing updates with you to ensure you have the information you need to make informed decisions and plan for the future, as we continue to navigate this pandemic. Recognizing the fact that parts of the country are in the process of "reopening" the CDC has released the following guidance, with respect to "when it's safe to be around others" if you had or fear you have COVID-19.

As always, we recommend all continue to follow CDC protocols, and maintain social distancing and use of masks when unable to maintain distance from others and be mindful of any COVID-19 related rules or protocols set in place in your building.

When You Can be Around Others After You Had or Likely Had COVID-19

When you can be around others (end home isolation) depends on different factors for different situations. Find CDC's recommendations for your situation below.



I think or know I had COVID-19, and I had symptoms

You can be with others after

- 3 days with no fever and
- Symptoms improved and
- 10 days since symptoms first appeared

Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others when you have no fever, symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart.



I tested positive for COVID-19 but had no symptoms

If you continue to have no symptoms, you can be with others after:

- 10 days have passed since test



I have a weakened immune system (immunocompromised) due to a health condition or medication. When can I be around others?

[People with conditions that weaken their immune system](#) might need to stay home longer than 10 days. Talk to your healthcare provider for more information. If testing is available in your community, it may be recommended by your healthcare provider. You can be with others after you receive two negative test results in a row, at least 24 hours apart.

If testing is not available in your area, your doctor should work with [an infectious disease expert at your local health department](#) to determine if you are likely to spread COVID-19 to others and need to stay home longer.

For Anyone Who Has Been Around a Person with COVID-19

It is important to remember that anyone who has close contact with someone with COVID-19 should stay home for 14 days after exposure based on the time it takes to develop illness.

CHG will continue to monitor the CDC and NYC Department of Health website for updates and will report back to you as new information becomes available.

Be Well and Stay Safe.